Keeping Children Safe Around Opioids and Other Medications

Where do children find opioids and other medication?²

8%

Reachable cabinets or refrigerators

23% Pill boxes

23% On the ground

19% Purses or diaper bags

18% On counters

of medication-related visits to an emergency department among children under 5 and under are due to a child getting into medicine when an adult was not looking; 5% are due to dosing errors.²



What can families do to protect children?^{1,2}



Look around the places where kids find medicine and move all medicine up and away, out of sight. Remind visitors, family, babysitters, and houseguests to keep purses and bags that might contain medicine up and away.



Check for all products that may cause harm, even those you might not think about as medicine (eye drops, cough drops).



Put medicines and vitamins away after each use and secure them out of sight.



Use the dosing device that comes with the medicine, and make sure the safety cap is locked.

References

- 1 PROTECT Initiative, in partnership with the Centers for Disease Control and Prevention. Up and away and out of sight. https://www.upandaway.org/resource/up-and-away-brochure/.
- 2 MacKay JM, Steel A, Samuel E, Creppy T, Green A. The Rise of Medicine in the Home: Implications for Today's Children. Washinton D.C.: Safe Kids Worldwide; 2016.
- 3 Baker JM, Mickalide AD. Safe Storage, Safe Dosing, Safe Kids: a Report to the Nation on Safe Medication. Washington D.C.: Safe Kids Worldwide; 2012.



