

RCT: Impact of Behavioral Interventions in Reducing Aggression and Substance Use among Veterans

Motivational Interviewing (MI), Cognitive Behavioral Treatment (CBT), and Telephone Counseling Significantly Reduced Partner Aggression among Male Veterans

STUDY POPULATION



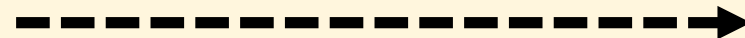
Veterans with aggression & substance use in treatment

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INTERVENTION



MI-CBT + Telephone Counseling



MI-CBT Only



Control
(Treatment as Usual)

OUTCOME



Frequency of aggression and substance use decreased in all groups

MI-CBT + Telephone Counseling significantly decreased partner aggression relative to control among males