RCT: Impact of Behavioral Interventions in Reducing Aggression and Substance Use among Veterans

Motivational Interviewing (MI), Cognitive Behavioral Treatment (CBT), and Telephone Counseling Significantly Reduced Partner Aggression among Male Veterans

**STUDY POPULATION**

Veterans with aggression & substance use in treatment

**RANDOMIZATION**

**INTERVENTION**

- MI-CBT + Telephone Counseling
- MI-CBT Only
- Control (Treatment as Usual)

**OUTCOME**

- Frequency of aggression and substance use decreased in all groups
- MI-CBT + Telephone Counseling significantly decreased partner aggression relative to control among males

Chermack et al. *J. Substance Abuse Treatment*. January 2019