Injury Prevention for Children and Teens
Module 3: Intentional Injuries

Learning Objectives

Continuing Medical Education (CME)
At the end of this activity, participants will be able to:

- Explain effective bullying prevention and intervention strategies when providing care
- Identify the long-term effects of bullying, including risk and protective factors and use to help families prevent further harm
- Describe youth violence and its impact on youth and society
- Identify risk and protective factors for youth violence
- Describe evidence-based strategies for youth violence prevention
- Describe the prevalence of bullying and its various types

Certified Health Education Specialist (CHES) Continuing Education

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- Identify the long-term effects of bullying
- Identify the risk and protective factors for bullying
- Describe effective bullying prevention and intervention strategies
- Describe youth violence and its impact on youth and society
- Demonstrate clinical skills appropriate to one’s profession and specialty, including the ability to identify, assess, intervene and prevent violence and abuse
- Demonstrate general knowledge of violence and abuse by describing the relationship between dating violence and associated health conditions
- Describe the developmental importance of adolescence
- Identify the prevalence of sexual violence among adolescents
- Explain the risk factors for sexual violence in adolescence
• Identify the prevalence of SV among non-college youth
• Describe reproductive health impacts of sexual violence in adolescence and young adulthood
• Explain definitions of sexual violence/assault/misconduct
• Identify rates of sexual violence on college campuses
• Compare types of evidenced-based sexual violence prevention programs used on campuses
• Identify organizational sources of risk for sexual assault
• Describe risks associated with heavy alcohol use (deliberately to incapacitate) and explain how zero tolerance for alcohol in residence halls can push risky behavior into less supervised contexts.
• Describe the effect on risk of assault related to male control of space and transportation in heterosexual social contexts.
• Explain how social similarity on many dimensions leads to trust and cultural expectations of trust, and how trust enables opportunities to perpetrate sexual assault
• Identify the current leading causes of death in the pediatric population
• List the risk factors for firearm injuries among pediatric populations.
• Identify the most common site of fatal pediatric firearm injury
• Identify the common elements of violence prevention programs that can help reduce firearm violence.
• Identify effective ways of keeping children safe in a home where they may have access to a firearm.
• Discuss the scope of the problem of suicide attempts and suicide among youth
• Identify risk factors for youth suicide attempts and suicide
• Describe universal suicide risk screening strategies and tools
• Discuss possible prevention and intervention strategies for youth suicide
• Describe several suicide prevention resources for youth, parents, clinical providers, and prevention specialists
• Describe the legislation that created the child welfare system and how the child welfare system functions in the U.S.
• Identify the most common forms of maltreatment of children in the U.S. (neglect, physical abuse, sexual abuse).
• Describe the most common forms of intervention for families and children involved with the child welfare system.
• Explain the outcomes of child welfare system involvement.
• Discuss the disproportionate representation of race and ethnic minority children (specifically African American children) in the child welfare system
• Define physical punishment and describe attitudes in the U.S. toward physical punishment
• Describe and summarize 50 years of research on corporal punishment
• Discuss spanking as an “Adverse Childhood Experience” (ACE)
• Describe the global conversation on physical punishment
• Explain who is at risk for ACEs.
• Explain factors that contribute to differences in levels of risk for ACE exposure and developmental outcomes.
• Explain developmental outcomes (consequences) of ACE exposure and traumatic stress.
• Explain strategies to prevent and mitigate the effects of ACEs