Injury Prevention for Children and Teens
Module 5: Sports Injury Prevention (Concussion)

Learning Objectives

Continuing Medical Education (CME)

At the end of this activity, participants will be able to:

• Apply the key factors in diagnosing and treating concussions in providing care
• State the definition of a concussion
• Explain the incidence of concussions
• Describe some key aspects of understanding the long-term effects of concussions

Certified Health Education Specialist (CHES) Continuing Education

• Define concussion
• Identify the incidence of concussion and the most common setting where it occurs
• Describe the key factors in diagnosing and treating concussion
• Identify how concussion differs from other types of traumatic brain injury
• Identify key aspects of long-term effects of concussion