

The Dynamics of Interpersonal Relationships: Understanding Power and Control Tactics Among College Students

Creating an inclusive tool to represent college students' experiences with power and control in relationships

Phase 1

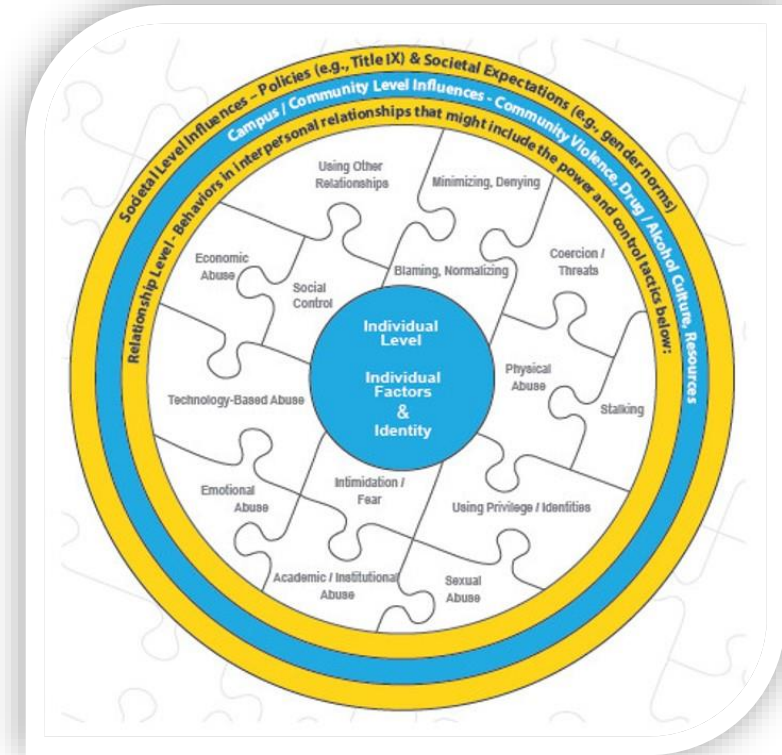
- Semi-structured interviews with university students (n=22) & staff (n=10)
- Exploring power and control tactics of perpetrators
- 13 categories of tactics identified
- Draft tool created

Phase 2

- Draft tool assessed for accuracy using cognitive interviews with university students (n=20)
- Changes made to tool following interviews:
1) new presentation of socioecological model, 2) identification of substance use as facilitator for violence, 3) edits to tactic descriptions

Phase 3

- Quasi-experimental evaluation (n=250)
- At baseline, 33.5% of participants reported a history of IPV with 25.2% indicating they had experienced IPV in the last year
- 1 group interacts with updated tool and 1 group receives access to usual care (campus sexual misconduct policy)
- Both groups answer survey questions about IPV knowledge, attitudes, self-efficacy, and experiences at baseline, 1 month, and 5 months
- There were no significant differences among IPV knowledge, attitudes, or self-efficacy by group



Conclusion: The Dynamics of Interpersonal Coercion Among College Students tool represents the unique forms of power and control experienced by a diverse college population, broadening the focus beyond violence against women. Future studies should look to validate this tool on other types of college campuses and should explore the use of an interactive digital format.