

Injury Prevention for Children and Teens

Module 2: Introduction to Child & Adolescent Injuries

Learning Objectives

Continuing Medical Education (CME)

At the end of this activity, participants will be able to:

- Define injury and related concepts.
- Recognize health inequities and social determinants of health and consider these factors in providing care.
- Appreciate the magnitude and burden of child and adolescent injury and allocate proportionate time to its prevention when providing care.
- Understand the Public Health Model of injury prevention and be able to incorporate it into practice.
- Utilize factors that promote injury prevention.
- Understand resiliency and incorporate it in preventing injuries.
- Assess and improve a program focused on enhancing promotive factors.
- Understand and apply the Social Ecological Model when providing care.
- Utilize common behavioral change theories to help patients prevent injuries.

Certified Health Education Specialist (CHES) Continuing Education

- Define an injury and related concepts.
- List examples of intentional or unintentional injury.
- Identify the definition of social determinants of health.
- Describe examples of the social, physical, and economic environment that affect health.
- Describe the magnitude and burden of child and adolescent injury.
- Explain the Public Health Model of injury prevention.
- Define risk.
- Explain promotive factors and their impact on injury prevention.
- Explain resiliency and its role in preventing injuries.

- Assess a program focused on enhancing promotive factors (e.g., the YES program).
- Describe key elements of theory.
- Describe the Social Ecological Model.
- Compare common behavioral change theories.
- Express the rationale for theory in intervention design.
- Identify some issues in evaluating theory.
- Describe the key elements of intervention design.
- Define levels of prevention: primary, secondary, and tertiary and explain how they fit together.
- Define logic models and frameworks in prevention design.
- Explore different ways to focus prevention efforts.
- Summarize common types of measurement in injury surveillance and self-reporting.
- Describe the need for evaluations and how different types of evaluation inform future efforts.
- Explain communication and dissemination challenges.
- Articulate challenges to injury prevention.
- Define stakeholders involved in injury prevention.
- Explain the definition and examples of health equity and how the concept differs from health equality.
- Explain fundamental causes and factors that can help prevent or mitigate the effects of health inequities.
- Explain three levels of the socio-ecological model and how these macro-level conditions, organizations, and policies impact children's health.