# **Injury Prevention for Children and Teens**

## **Module 3: Intentional Injuries**

## **Learning Objectives**

#### **Continuing Medical Education (CME)**

At the end of this activity, participants will be able to:

- Explain effective bullying prevention and intervention strategies when providing care
- Identify the long-term effects of bullying, including risk and protective factors and use to help families prevent further harm
- Describe youth violence and its impact on youth and society
- Identify risk and protective factors for youth violence
- Describe evidence-based strategies for youth violence prevention
- Describe the prevalence of bullying and its various types

#### **Certified Health Education Specialist (CHES) Continuing Education**

- Describe youth violence and its impact on youth and society.
- Identify risk and protective factors for youth violence
- Describe evidence-based strategies for youth violence prevention
- Describe the prevalence of bullying and its various types
- Identify the long-term effects of bullying
- Identify the risk and protective factors for bullying
- Describe effective bullying prevention and intervention strategies
- Describe youth violence and its impact on youth and society
- Demonstrate clinical skills appropriate to one's profession and specialty, including the ability to identify, assess, intervene and prevent violence and abuse
- Demonstrate general knowledge of violence and abuse by describing the relationship between dating violence and associated health conditions
- Describe the developmental importance of adolescence
- Identify the prevalence of sexual violence among adolescents
- Explain the risk factors for sexual violence in adolescence

- Identify the prevalence of SV among non-college youth
- Describe reproductive health impacts of sexual violence in adolescence and young adulthood
- Explain definitions of sexual violence/assault/misconduct
- Identify rates of sexual violence on college campuses
- Compare types of evidenced-based sexual violence prevention programs used on campuses
- Identify organizational sources of risk for sexual assault
- Describe risks associated with heavy alcohol use (deliberately to incapacitate) and explain how zero tolerance for alcohol in residence halls can push risky behavior into less supervised contexts.
- Describe the effect on risk of assault related to male control of space and transportation in heterosexual social contexts.
- Explain how social similarity on many dimensions leads to trust and cultural expectations of trust, and how trust enables opportunities to perpetrate sexual assault
- Identify the current leading causes of death in the pediatric population
- List the risk factors for firearm injuries among pediatric populations.
- Identify the most common site of fatal pediatric firearm injury
- Identify the common elements of violence prevention programs that can help reduce firearm violence.
- Identify effective ways of keeping children safe in a home where they may have access to a firearm.
- Discuss the scope of the problem of suicide attempts and suicide among youth
- Identify risk factors for youth suicide attempts and suicide
- Describe universal suicide risk screening strategies and tools
- Discuss possible prevention and intervention strategies for youth suicide
- Describe several suicide prevention resources for youth, parents, clinical providers, and prevention specialists
- Describe the legislation that created the child welfare system and how the child welfare system functions in the U.S.
- Identify the most common forms of maltreatment of children in the U.S. (neglect, physical abuse, sexual abuse).
- Describe the most common forms of intervention for families and children involved with the child welfare system.

- Explain the outcomes of child welfare system involvement.
- Discuss the disproportionate representation of race and ethnic minority children (specifically African American children) in the child welfare system
- Define physical punishment and describe attitudes in the U.S. toward physical punishment
- Describe and summarize 50 years of research on corporal punishment
- Discuss spanking as an "Adverse Childhood Experience" (ACE)
- Describe the global conversation on physical punishment
- Explain who is at risk for ACEs.
- Explain factors that contribute to differences in levels of risk for ACE exposure and developmental outcomes.
- Explain developmental outcomes (consequences) of ACE exposure and traumatic stress.
- Explain strategies to prevent and mitigate the effects of ACEs