

Injury Prevention for Children and Teens

Module 5: Sports Injury Prevention (Concussion)

Learning Objectives

Continuing Medical Education (CME)

At the end of this activity, participants will be able to:

- Apply the key factors in diagnosing and treating concussions in providing care
- State the definition of a concussion
- Explain the incidence of concussions
- Describe some key aspects of understanding the long-term effects of concussions

Certified Health Education Specialist (CHES) Continuing Education

- Define concussion
- Identify the incidence of concussion and the most common setting where it occurs
- Describe the key factors in diagnosing and treating concussion
- Identify how concussion differs from other types of traumatic brain injury
- Identify key aspects of long-term effects of concussion